MAGNOLIA COMMUNITY CENTER

2550 34TH AVE W

SEATTLE, WA 98199

206-386-4235 206-386-4230 FAX BROCHURE ONLINE: WWW.SEATLE.GOV/PARKS



Registration Begins December 20th, 2004

Most classes begin the week of January 10th, 2005



In keeping with our environmental stewardship policies, we're trying to reduce the amounts of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Hours of Operation

Monday, Tuesday, Friday 1 pm – 9 pm

Wednesday and Thursday 10 am – 9 pm

Saturday

10 am – 5 pm

The hours indicated are the budgeted city hours of operation. Hours of operation beyond these are on a pre-registered basis only and are provided by the Magnolia Advisory Council.

Community Center Closures

January 1st - New Year's Day January 17th – Dr. Martin Luther King, Jr.'s Birthday February 21st – Presidents' Day

COMMUNITY CENTER STAFF

Recreation Coordinator
Pati Maxwell
Assistant Recreation Coordinator
Doreen Deaver
Recreation Attendants
Corey Cheng, Johnnie Williams, Tomiko Mihara
Teen Development Leader
Marc Hoffman
Maintenance Crew
Lin Kwong and LeRoy Baxter

ADMINISTRATIVE STAFF

Superintendent of Parks and Recreation
Ken Bounds
Parks and Recreation Operations Director
Christopher Williams
Central West Parks and Recreation Manager
Robert Stowers

MISSION STATEMENT

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

REGISTRATION AND PAYMENT INFORMATION

Walk in registration, for most classes, begins on December 20th at 1 pm unless otherwise indicated. You can pay for classes and other activities by mail, in person during regular facility hours or by telephone with a credit card. We accept Visa, Mastercard, and American Express. Please make checks and money orders payable to Magnolia Advisory Council #150. Cash will be accepted for exact payment amount only. PLEASE NOTE: Payment is due when you register, unless we have indicated otherwise. Your registration will be cancelled until you pay the amount due, plus a service fee of \$25 will be charged for NSF checks. We are working on a system that will make online registration available.

FEES AND CHARGES

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% paid to Seattle Parks and Recreation to defray operating costs. Class and program fees include Washington State sales tax where applicable.

MAGNOLIA ADVISORY COUNCIL

You can make a difference! The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held on the 1st Thursday of every month, to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, and special events are funded through the Advisory Council rather that through Seattle Parks and Recreation. Revenues generated through program fees offset program cost to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

CLASS DATES

Most classes begin the week of January 10th, 2005. Please check with center staff regarding class status. Great classes are often cancelled due to low enrollment or late registration, so please register early.

SCHOLARSHIPS

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. . Scholarships are also available through Seattle Parks and Recreation and DSHS. To apply for a scholarship, please talk to a member of our staff.

ANTI-DISCRIMINATION POLICY

As a matter of policy, law and commitment Seattle Parks and Recreation does not discriminate on the basis of race, creed, color, sex, martial status, sexual orientation, political ideology, age, religion, ancestry, national origin, or the presence of any sensory, mental or physical disability.

ACCOMODATION FOR PEOPLE WITH DIABILITIES

We will make reasonable accommodation, upon request, for persons with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. If possible, please allow 10 workings days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

ROOM RENTALS

Magnolia Community Center rooms are available to rent for birthday parties, club, or community meetings. Please contact Center staff for dates and room availability. Call 206-386-4235 for more information.

INTERESTED IN TEACHING

We are always looking for top quality instructors to offer unique courses. Anyone with knowledge to share is welcome to propose a class or workshop idea. Selection is based on interest of our participants and space availability. If you are interested in teaching, please talk to a member of our staff.

LOST AND FOUND

Keys, jewelry items, etc. are kept behind the front desk. Items found in the Center will be placed in a bin located in the Art Room. Lost and found items are kept for a minimum of 30 days. Items that remain unclaimed are donated to various charitable organizations.

REFUND POLICY

It is the policy of the Seattle Parks and Recreation and the Associated Recreation Council that:

Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.

Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start, may receive a refund minus a service charge. If a person attends a class or program and request a refund before the second session of the class, a pro-rated class fee plus a service charge of \$5.00 or 10% of the fee, whichever is greater will be retained. If a participant drops a class or program after the second session of series, no refund will be given.

Occasionally, no refund or credit is available for a specific program or service, which may include deposits for registration or rentals. Information on any specific exception is available from recreation staff prior to payment or purchase. Refunds usually take three to four weeks to transact.

SPECIAL POPULATIONS

For information on programs for youth/adults with disabilities, please call the Special Populations Office at (206)684-4950, or visit the web at: http://www.citvofseattle.net/parks/SpecialPops/ir

http://www.cityofseattle.net/parks/SpecialPops/index.htm.

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Special Events

Playground Grand Opening

Date: Saturday, January 29th

Time: 10:00 am

Join us for the grand opening of the new playground!! Come and play and have some fun with the new equipment!!





Friday Family Movies

\$3.00 per family

Young Black Stallion January 7th

February 4^t Benji off the Leash! **Superbabies: Baby Geniuses 2** March 4th

Watch for more upcoming movies on the reader

board!

Family Bingo Night Time: 7:00 pm \$3.00 per family

January 21st February 11th

Bring the entire family for some great fun! Bingo is a game for the entire family. Small

prizes will be given to the winners!

Tot Gym Special Event

Wednesday February 9th 11am – 2pm \$3.00

Come and join us for a fun filled afternoon! We have the toys, riding equipment and more! Parents and/or guardians must accompany children. We will have an inflatable jump toy!

Teen 3 on 3 Basketball **Tournament & Hotdog Feast**

Date: Thursday, February 24th Time: 1:00 pm - 4:00 pm

Come and join us for this fun event! Teams from around the city will

participate. Get your team together and

sign up!

Big Band Dance

Date: Friday, February 25th Time: 6:30 pm – 9:00 pm

Bring the entire family for this great event.

Watch for more details!

Middle School Dance

Grades: 6-8

Date: Friday, March 18th **Time: 7 pm – 10 pm**

Cost: \$6.00 without a can of food

\$5.00 with a can of food. School ID must be shown for admission to the dance. Seattle Public School District Dress Code will be enforced.

Flashlight Egg Hunt Date: Friday, March 25th

Time: 8:00 pm

Teens don't miss out in the fun of an

Egg hunt at Magnolia. Bring your flashlights for

event! Must be 11 or older to participate!

Spring Egg Hunt

Date: Saturday, March 26th

Time: 10:00 am

Join us for a Magnolia tradition, our annual Spring Egg Hunt for children ages 10 and under.

The hunt begins at 10 am sharp!

2004 – 2005 Tun 'O Fun

Youth Programs

FUNDERKINS

Come and join the fun! Funderkins is a program designed for both preschoolers and half-day kindergartners attending Blaine, Lawton, and Fatima schools. Funderkins and Playschool are Tun 'O Fun programs that follow the Seattle School District calendar.

Instructors: Glenn Larson & Jenn

Bernert

FUNDERKINS AM

Monday-Friday 9:00 am – 12:30 pm

Ages 4-6

This class is a great way to learn the alphabet, numbers, social skills and much more in a creative, loving, positive environment. Snack is included. The 4 years old can extend their day and participate in the Playschool's pm program from 12:30 pm - 3:00 pm

FUNDERKINS PM

Monday – Friday 11:30 am – 3:00 pm Ages 5-6

Each day starts with lunch which can be purchased through Catharine Blaine School. Activities include crafts, storytelling, indoor and outdoor supervised play. **Participants must be age 5 by January 1**st to

enroll in the Funderkins pm.

PLAYSCHOOL

Magnolia's Playschool continues to develop a program that emphasizes socialization skills, age related cognitive and physical skills, including story telling, art, singing, games, and exercise. The 4 year old class additionally prepares children for kindergarten, explores weekly themes, including arts and crafts, cooking, show and tell and field trips.

Instructors: Beverly Peterson & Kathy Heinrich

PLAYSCHOOL 3 YEARS OLD CLASS

Friday

9:00 am - 11:30 am

PLAYSCHOOL 4 YEARS OLD CLASS

Tuesday, Wednesday, Thursday 9:00 am -11:30 am

PLAYSCHOOL 4 YEARS OLD EXTENDED PM

Tuesday, Wednesday, Thursday 12:30 pm – 3:00 pm lunch (11:30 am - 12:30 pm)

FUNDERKINS AND PLAYSCHOOL MONTHLY FEES		
AM OR PM		
1X WEEK	\$75	
2X WEEK	\$125	
3X WEEK	\$150	
4X WEEK	\$175	
5X WEEK	\$200	

2004-2005 Tun 'O Fun Youth Programs

We offer quality before and after school care emphasizing an array of activities. Each month is planned around themes with active games, crafts, cooking projects, holiday parties, field trips and special events. Homework time is provided. Daily snacks are provided. Enjoyable routines have made this program a model for other Parks Department programs.

Fees are based on ten equal monthly payments and follow the Seattle Public Schools calendar; therefore, monthly rates remain the same regardless of holidays.

There are additional fees charged for school breaks. These programs are for youth ages 5-12 (must be enrolled in kindergarten or Funderkins pm).

Magnolia Community Center is a licensed DSHS facility. We accept DSHS subsidies.

Before School Care

7:00 am - 9:00 am

Director: Micheline Huber

Before School Care Monthly Fees

1x week	\$40
2x week	\$75
3x week	\$110
4x week	\$145
5x week	\$150

Payments are due at the first of each month. Families must register for one of the above options.

After School Care

3:00 pm - 6:00 pm

Director: Micheline Huber

After School Care Monthly Fees

1x week	\$55
2x week	\$110
3x week	\$165
4x week	\$220
5x week	\$230

Payments are due at the first of each month. Families must register for one of the above options.

Late pick up fee: \$1.00 per minute for each minute after 6:00 pm. Fee must be paid when child is picked up.

Ballet Programs

Director: Marilyn Johnston

Pre-Ballet is a great introduction to ballet tailored for the very young. Body and spatial awareness, basic movements, rhythms, and creative expression will be the focus. A class demonstration will be held at the end of the session.

Dates: January 18th - March 19th

No classes February 21st - February 26th

Pre-Ballet I \$64

4 Years

Thursday 9:30 am- 10:15 am

Pre-Ballet I/II \$64

4 - 5 Years

Saturday 9:30 am - 10:15 am

Pre-Ballet II \$64

4 ½ - 5 Years

Thursday 10:15 am – 11:00 am

Pre-Ballet III \$64

5-6 Years

Tuesday 3:30 pm – 4:15 pm Saturday 10:15 am - 11:00 am

Dance Camps

Participate in all-in-one fun dance programs featuring stories, costumes, videos, dance activities and more! Each session is based on a theme, for those who can't get enough dance! You must register prior to the date of the camp. Because of the popularity of these camps, registration fees are non-refundable.

\$13 per Dance Camp- please register at the front desk. Registration is confirmed with payment.

"Ribbon Dance"

Saturday, January 29 th	Ages 4-6
12:00 pm – 1:30 pm	C
Saturday, February 5 th	Ages 4-6
12:00 pm – 1:30 pm	C
Saturday, February 12 th	Ages 5+
12:00 pm – 1:30 pm	O

"Hat Iazz"

I IAL JAZZ	
Saturday, February 19 th	Ages 4-6
12:00 pm – 1:30 pm	J
Saturday, March 5 th	Ages 5+
12:00 nm = 1:30 nm	J

Director: Marilyn Johnston

Our **Ballet** program is based on classical instruction. It follows from Pre-Ballet into Ballet according to age for the most part. Classes above Ballet I are promotions suggested by the instructor. If you are new to our program, please consult with the instructor prior to registering so that she can place your child in the class that is most suited to them.

Dates: January 24th – April 8th

No classes February 21st - February 26th

Ballet I \$80

First grade minimum

Wednesday 3:45 pm - 4:45 pmFriday 4:15 pm – 5:15 pm

Ballet I/II \$80

7-10 years

Monday 3:45 pm – 4:45 pm

Ballet II \$144

Tuesday and Thursday 4:15 pm – 5:15pm

Ballet III

\$144 Tuesday and Thursday 5:15 pm – 6:15 pm

\$190 **Ballet IV**

Monday and Wednesday 4:45 pm -6:00 pm

Pointe/Pre Pointe \$80

Monday and Wednesday 6:00 pm - 6:30 pm

Spring Recital Fee for Ballet I-IV -\$10 (non-refundable).

"Sleeping Beauty"

Ages 4-6
Ages 5+

"Red Riding Hood"

Thursday, March 24 th	Ages 4-6
10:00 am – 11:30 am	<u> </u>
Saturday, March 26 th	Ages 4-6
10:00 am – 11:30 am	O
Saturday, April 2 nd	Ages 5+
10:00 am – 11:30 am	J



PRESCHOOL CLASSES

Music Time

\$40

Come and learn songs to sing throughout our lives; folksongs and new songs. Have fun making up new songs with others. Learn about words and music notes. Gain confidence singing and speaking in front of others. Class is designed for ages 3 and up. Those under 3 are

welcome with adult supervision. Instructor: Jonathan Walter

Days: Tuesdays

Dates: January 11th – March 22nd

Time: 10:00 am - 11:00 am

Tot Bop

This parent/child class involves movement, music, rhythm, song and various props. You'll enjoy this opportunity to have fun and get moving with your toddler as you creatively and energetically explore the many facets of movement. (Siblings are welcome to watch or to participate. Babies must be in a carrier or backnack.)

Instructor: Kathy Adophsen

Session I

\$50

Days: Mondays

Dates: January 3rd – March 21st

Time: 9:30 am – 10:30 am Session II \$50

Days: Mondays

Days: Mondays

Dates: January 3rd – March 21st

Time: 10:30 am – 11:30 am

Session III \$6

Days: Fridays

Dates January 7th - March 25th

Time: 9:30 am - 10:30 am

No class on January 17th & February 21st

Tot Gym

\$25 quarterly pass or \$2.50 per drop in

Days: Wednesdays
Dates: January – March
Time: 11:00 am – 2:00 pm

Come and join us for a fun filled afternoon! We have the toys, riding equipment and more. This is especially great for those rainy days. Parents/Guardians must accompany their children. Reminder...Please no food or drink in the gym. Please check in at the front desk!

New Moms Group Free

Come and meet with other new moms and their babies. Share ideas and connect with others. A fun, relaxed atmosphere, just for you and your little

Days: Tuesday

Dates: January – March Time: 10 am – 11 am

Youth Programs

Gymnastics

\$75

A one time \$25 yearly insurance fee must be paid at the time of registration. This is valid from September 2004-August 2005.

A fun introduction or continuing gymnastics program for ages 5 and over. All classes include warm-up, flexibility work and cool down. Girls focus on floor exercise, balance beam, vaulting and single bar work. Boys focus on floor exercise, pommel horse, vaulting, low rings, parallel and high bars. Class is held in the Magnolia Gym.

Instructor: Sterling Luke

Beginning

Days: Mondays

Dates: January 24th - March 21st

Time: 5:15 pm – 6:15 pm

<u>Intermediate</u> Days: Mondays

Dates: January 24th - March 21st

Time: 6:15 pm – 7:15 pm

No class on January 17th and February 21st

Beginning Guitar \$55

Chords, strums, fingerpicking and everything you need to know to start playing guitar. Bring your acoustic

guitar and your fingers.

Instructor: Jonathan Walter

Days: Wednesdays

Dates: January 12th – March 23rd

Time: 6:00 pm - 7:00 pm

Youth Programs

Intermediate Guitar \$55

This class is for students have knowledge of basic chords and strums. Bring your acoustic guitar and your fingers.

Instructor: Jonathan Walter

Days: Wednesdays

Dates: January 12th – March 23rd **Time:** 7:00 pm – 8:00 pm

Beginning Karate \$75

While Karate is a highly effective means of self-defense, its unique benefits lie in its balanced approach to both physical and mental development.

Sensei (Teacher) Michael O'Donnell is the owner and teacher of the Magnolia Karate Academy. He has trained in Hayashi Ha Shito Ryu for over twenty five years.

Hayashi-ha Shito Ryu is a form of traditional Japanese Karate developed by Soke (Grand Master) Teruo Hayashi and currently centered in Osaka, Japan.

Karate training provides a solid foundation for the development of character, ethics and strength. Class meets at the Magnolia Karate Academy.

Days: Thursday

Dates: January 13th – March 3rd Time: 6:45 pm – 7:30 pm

Little Dribblers

Days: Fridays

Dates: January 16th – February 27th

Time: 4:00 pm - 4:45 pm

This class is an instructional class for boys and girls ages 6 & 7 years. Having fun and learning the basics

\$45

of basketball is what this is all about!

Girls Little Dribblers \$45

Days: Thursdays

Dates: January 15th – February 26th

Time: 4:30 pm – 5:15 pm

This class is an instructional class for girls ages 6 & 7

years. Having fun and learning the basics of

basketball is what this is all about!

Teen Programs

Introduction to Drum Kit \$35

Learn rhythm through the fundamentals of drumming. Understanding drumstick technique, reading rhythm notation and rum kit coordination will put you on track to playing along with your favorite songs in no time! The skills taught in this

course are applicable to any style of music. Required materials: Snare drum, stand,

drumsticks

Instructor: Mark Kanning

Days: Tuesdays

Dates: January 11th - February 15th

Time: 5:30 pm - 6:00 pm

Beginning Mandolin \$55

With origins in Irish and American Folk music, the distinctive sound and versatility of the mandolin has found its' way into classical, jazz, and even rock and pop music! Learn chords, strumming, pick technique and basic scales.

Required materials: A mandolin, picks

Instructor: Mark Kanning

Days: Tuesdays

Dates: January 11th - March 22nd

Time: 6:00 pm – 7:00 pm

Beginning Electric Bass \$55

Find out what millions of guitar players don't want you to know: the bass is the coolest instrument in any band! Learn all the basics of electric bass.

Required materials: Bass & amplifier

Instructor: Mark Kanning

Days: Tuesdays

Dates: January 11th - March 22nd

Time: 7:00 pm – 8:00 pm

Cartooning for Teens \$77

Day: Tuesday

Dates: January 10th - March 28th

Time: 4 pm - 5 pm

Ages: 11-18

Are you interested in drawing and want to learn how the pros create comic strips and animated movies? Are you artistic and looking for a fun outlet for your creative energy? This is the class for you!

Teen Programs

Cooking Class

Day: Monday

Dates: January - March Time: 3:30-4:30 pm

Ages: 11-18 Cost: Free

Join Magnolia Teen Time in the kitchen as we prepare all sorts of yummy dishes. You will learn the basics involved in following a recipe and proper food preparation. At the end of the class,

we eat the results of our work. Yum!

Middle School Dance

Grades: 6-8 (must show school identification)

Day: Friday, March 18th

Cost: \$7 without canned food/\$5 with canned

food donation

Time: 7:00 pm - 10:00 pm

Teen Advisory Council

Days: Every other Wednesday

Time: 4pm-5pm

This is your opportunity to have input on what activities are planned for Teen Time. Take advantage of this leadership opportunity and have

an impact on **YOUR** program.

Field Trip Fridays

Most Fridays we'll go on an exciting field trip! This is the night for teens to get out and about. Field trips can include movies, Gameworks, Funtasia, other community centers and more. Check the monthly calendar for more information.

Fencing \$75

Come join us for fun and fitness. Beginners and fencers with experience are welcome. Basic equipment will be provided for those starting out.

Beginning

Ages: 12 to Adult

Days: Monday & Wednesday
Dates: January 10th - March 23rd

Time: 7:00 pm – 8:00 pm

Intermediate

Ages: 12 to Adult

Days: Monday & Wednesday
Dates: January 10th - March 23rd
Time: 7:00 pm - 8:00 pm

<u>Club</u> (must have completed intermediate level or have completed course elsewhere and have instructor's permission.)

Days: Monday & Wednesday
Dates: January 10th - March 23rd
Time: 6:30 pm - 9:00 pm

No class on January 17th & February 21st

Beginning Jazz Ensemble \$55

A great opportunity to interact with other musicians and learn about this truly original American Music.
Instrumentalist of all ages are welcome! Rhythm section players are in high demand! (piano, guitar, bass, drums) Class covers beginning improvisation, chord theory and jazz history. Basic playing and note reading skills are required, as we will not cover basics of playing the individual instruments.

Days: Mondays

Dates: January 12th - March 23rd
Time: 6:30 pm - 9:00 pm

Video Production Class

Days: Tuesdays and Thursdays

Dates: January - March Time: 4:00 pm - 6:00 pm

Come and join us for a production of , "Harry Potter & the Chamber of Secrets". Filming will begin in February. Join us now for your part in this great production.

Beginning Guitar \$5

Chords, strums, fingerpicking and everything you need to know to start playing guitar. Bring your acoustic guitar and your fingers.

Instructor: Jonathan Walter

Days: Wednesdays

Dates: January 12th – March 23rd Time: 6:00 pm – 7:00 pm

Intermediate Guitar \$55

This class is for students have knowledge of basic chords and strums. Bring your acoustic guitar and your fingers.

Instructor: Jonathan Walter

Days: Wednesdays

Dates: January 12th – March 23rd Time: 7:00 pm – 8:00 pm

Teen Programs

Beginning Karate \$75

While Karate is a highly effective means of self-defense, its unique benefits lie in its balanced approach to both physical and mental development.

Sensei (Teacher) Michael O'Donnell is the owner and teacher of the Magnolia Karate Academy. He has trained in Hayashi Ha Shito Ryu for over twenty five years.

Hayashi-ha Shito Ryu is a form of traditional Japanese Karate developed by Soke (Grand Master) Teruo Hayashi and currently centered in Osaka, Japan.

Karate training provides a solid foundation for the development of character, ethics and strength. Class meets at the Magnolia Karate Academy.

Days: Thursday

Dates: January 13th – March 3rd Time: 6:45 pm – 7:30 pm

Wednesday Movie Day \$2.0

Every other Wednesday is Teen Movie day at the Magnolia Community Center. Movies begin at 3:30 pm. All participants must have a permission slip signed by parents in order to watch PG-13 movies. Check the monthly calendar for a list of movies.

High School Students!

Need service learning hours for school?
Opportunities include, but are not limited to:
Teen Advisory Council, leading a Teen Time
program for middle school students, assisting the
Teen Leader and other Center staff with daily work
as well as various environmental stewardship
projects.

Trip to T Town

Days: Wednesday
Dates: February 23rd
Time: 10:00 am - 6:00 pm

Come down to Tacoma and visit the Tacoma Historical Museum (world renowned), check out some Chihuly glass art and visit Point Defiance Park. You'll gain a new appreciation of that down south – I guarantee it! Bring your own lunch or money for lunch.

Adult Programs

Aerobic Dance I

Good old-fashion Aerobic Dance is great fun for anyone at any age. If you like to dance to all kinds of music, and like to get your exercise early in the day, then this class is for you! You'll have lots of fun while dancing your way through a great work out! We'll work on improving endurance, agility, balance, strength and flexibility.

Instructor: Kathy Adolphsen

Days: Monday, Wednesday, Friday Dates: January 3rd – March 25th

Time: 8:00 am – 9:00 am

Cost:

One day: \$60 Adult

\$48 Senior

Two days: \$120 Adult

\$96 Senior

Three days: \$180 Adult

\$144 Senior

Drop in rate: \$6.00 Adult /\$5.00 Senior

Aerobic Dance II

Good old-fashion Aerobic Dance is great fun for anyone at any age. If you like to dance to all kinds of music, and like to get your exercise early in the day, then this class is for you! You'll have lots of fun while dancing your way through a great work out! We'll work on improving endurance, agility, balance, strength and flexibility.

Instructor: Micheline Huber
Days: Tuesday and Thursday
Dates: Janaury 4th – March 24th

Time: 9:15 am -10:15 am
One day: \$60 Adult /\$48 Senior
Two days: \$120 Adult /\$96 Senior
Drop in rate: \$6.00 Adult /\$5.00 Senior

Adult Programs

Aerobic Exercise & Conditioning

A fun, high energy aerobic class designed for students of all ages. This class is for those who want to have fun, meet new friends, while doing something good for them selves with a great

workout!

Instructor: Kathy Adolphsen

Aerobic Exercise Class

Days: Wednesday

Dates: January 5th – March 30th Time: 9:15 am- 10:30 am

(45 minutes)

Cost: \$75 adult/\$60 senior

Drop in Fees: \$6.00 adult / \$5.00 senior

Conditioning Class

Days: Friday

Dates: January 5th – March 30th Time: 10:45 am- 11:30 am

(45 minutes)

Cost: \$45 adult/\$36 senior

Drop in Fees: \$5.00 adult / \$4.00 senior

**Cost for both classes: \$115 for Adults/\$91 for Seniors

Adult Basketball Open Gym

Days: Tuesday & Friday Time: 11:30 a.m. -2:00 p.m.

Universal Gym Drop In \$26

Days: Monday-Friday Time: 1:00 p.m. – 9:00 p.m.

(Ages 18 and over)

Use our universal gym on your own time! Develop

your own routine and get in shape!

New Moms Group Free

Come and meet with other new moms and their babies. Share ideas and connect with others. This is a fun, relaxed atmosphere, just for you and your little one.

Days: Tuesdays Time: 10 am – 11 am

Standard First Aid & Adult CPR \$52

Please call the American Red Cross at 726-3534

to register for any of these classes. Days: Monday and Wednesday Time: 4:30 p.m. – 8:30 p.m.

Dates: January 24th & January 26th

March 21st & March 23rd

Fencing \$75

Come join us for fun and fitness. Beginners and fencers with experience are welcome. Basic equipment will be provided for those starting out.

Beginning

Ages: 12 to Adult

Days: Monday & Wednesday
Dates: January 12th - March 23rd
Time: 7:00 pm - 8:00 pm

Intermediate

Ages: 12 to Adult

Days: Monday & Wednesday
Dates: January 12th - March 23rd
Time: 7:00 pm - 8:00 pm

7:00 pm – 8:00 pm

Club (must have completed intermediate level or have completed course elsewhere and have instructor's permission.)

Days: Monday & Wednesday
Dates: January 12th - March 23rd
Time: 6:30 pm - 9:00 pm

Filipino Cooking Class \$60

You have tasted these great dishes, now here is your opportunity to learn how to make these wonderful dishes! Each week will have a new dish that is the focus of the class.

Days: Saturday

Dates: January 15th – February 5th Time: 12:00 pm – 3:00 pm

Scrabble Club Free

Love the game of Scrabble? Looking for people to play Scrabble with? Magnolia Community Center is the place to be on Mondays.

Days: Mondays
Dates: continuous

Time: 6:30 p.m. – 8:30 p.m.

Adult Programs

Puppy Essentials \$95.00

Prevent and avoid behavior problems. Start training your puppy now. Course will cover introductions to basic commands and socialization. Course also will include advice on common puppy issues, such as house training, chewing, jumping, etc. Puppies must be 18 weeks or younger as of first class. You must bring proof of dog's most recent vaccination. All family members are encouraged to attend class. Please bring a pen and paper to class.

Instructor is certified with more than 30 years of experience with many different breeds and a proud owner of two dogs with multiple AKC titles. Please note: no registration will be taken after the first class.

Instructor: Janet Germeau (782-7151)

Days: Tuesdays

Dates: January 11th – March 1st Time: 6:10 pm - 7:10 pm

Basic Dog Manners \$110.00

Strengthen the bond between you and your dog, by learning effective communication and training techniques. Basic commands will be taught, such as, sit, down, stay, come, leave it, and go to your rug. This is a great class for new dogs, or as a refresher course for those wishing to improve your dog's obedience. This class is designed for any dog over 18 weeks as of first night of class.

You must bring proof of your dog's most recent DHLPP. You must also bring proof of your dog's rabies vaccinations if over six months old. All family members are encouraged to attend. Please bring a pen and paper to class. Please note: no registration will be taken after the first class.

Instructor: Janet Germeau (782-7151)

Days: Tuesdays

Dates: January 11th – March 1st Time: 7:15 pm – 8:45 pm

Kendo-Japanese Fencing \$75

Kendo is the art of Japanese fencing using a shinai (bamboo sword) and traditional armor, which allows for full contact and competition with others. Unlike traditional European fencing Kendo is a very offensive full contact sport that consists primarily of slicing cuts with bamboo foils rather than thrusting cuts with metal foils. The emphasis in Kendo for beginners and

advanced participants is correct footwork, posture, and hitting. Participants should expect 4-9 months minimum learning and practicing Kendo basics before wearing armor. New students will need to purchase a shinai for approximately \$25 - \$30. The shinai can be purchased for the instructor at the first class session. Appropriate for ages 10 and older. Interested students are encouraged to observe a session in the current quarter prior to enrolling. Call 360-710-8480 (Ron Risher) for the current schedule.

Beginning Guitar

\$55

Chords, strums, fingerpicking and everything you need to know to start playing guitar. Bring your acoustic guitar and your fingers.

Instructor: Jonathan Walter

Days: Wednesdays

Dates: January 12th – March 23th

Time: 6:00 pm – 7:00 pm No class on March 17th

Intermediate Guitar \$55

This class is for students have knowledge of basic chords and strums. Bring your acoustic guitar and your fingers.

Instructor: Jonathan Walter

Days: Wednesdays

Dates: January 12th – March 23rd Time: 7:00 pm – 8:00 pm No class on March 17th

Beginning Karate \$75

While Karate is a highly effective means of selfdefense, its unique benefits lie in its balanced approach to both physical and mental development.

Sensei (Teacher) Michael O'Donnell is the owner and teacher of the Magnolia Karate Academy. He has trained in Hayashi Ha Shito Ryu for over twenty five years.

Hayashi-ha Shito Ryu is a form of traditional Japanese Karate developed by Soke (Grand Master) Teruo Hayashi and currently centered in Osaka, Japan.

Karate training provides a solid foundation for the development of character, ethics and strength.

Class meets at the Magnolia Karate Academy.

Days: Thursday

Dates: Janaury 13th - March 3rd

Time: 6:45 pm - 7:30 pm

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Senior Programs

Watercolor Painting \$60

Bring your paints, brushes and joy of painting! There will be a demonstration after each lesson with lots of

guidance. All skill levels welcome.

Days: Mondays

Dates: January – March Time: 9:15 am – 11:30 am

Open Bridge

Weekly games for experienced players. All participants must register with the Parks Department representative.

Days: Wednesdays Time: 9:00 am – 2:00 pm

Days: Thursdays

Time: 8:00 am – 2:00 pm

Drop In Pickleball

Continue to exercise and improve your skills by teaming up with other players. The sport that is fun and challenging.

Days: Monday

Time: 11:30 am – 1:00 pm Days: Wednesday Time: 11:30 am – 1:00 pm

Location: Queen Anne Community Center

Days: Monday

Time: 11:30 am – 2:00 pm

Days: Thursday

Time: 11:30 am – 2:00 pm

Location: Magnolia Community Center

<u>Discover Walking</u>

Walk the 2.8 mile Discovery Park Loop Trail. Meet at the Visitor Center or all for a ride; 206-684-4240. Twice a quarter we take a FIELD TRIP.

Days: Tuesday

Time: 10:00 am – 12:00 pm Location: Discovery Park

Yoga and Meditation

Gentle stretching to keep limber and build muscles. All skill and fitness levels welcomed. Wear comfortable clothes.

Days: Thursday

Time: 11:30 am – 2:00 pm

Location: Queen Anne Community Center

Seniors Making Art Printmaking

The class, sponsored by Seniors Making Art and The Allen Foundation for the Humanitiesm is free and materials are provided. Learn to make prints at the kitchen table! Use the techniques from this class to print cards, paper goods, even fabric without special equipment. This class will cover four main techniques and ways to combine print types for new effects. Come dressed to get messed as ink can get around! Max-15.

Instructor: Diana Fairbanks.

Class begins Jan. 21st

Fridays 9:30-11:30am Magnolia

Free/8 wks

Class registration begins on December 20th for Senior Programs. Please mail class payments to: Sr. Adult Programs, ATT: Tim, 1901 1st Ave. W., Seattle, WA 98199. Please make checks payable to 'SAAC'

For complete details on Senior Adult Programs pick up a copy of the Senior Adult Program Brochure or call Tim Pretare at 206-684-4240.

Senior Programs

Field Trips

Register - 8:00 am on date listed by calling 206-684-4240. Please leave your name, name of trip, phone # and pick up site. You may sign up yourself and one other person. Trip dates, times, and destinations are subject to change. You will ONLY be called back if you are on the wait list. Do Not Use "Mail-In" Registration Form, **Phone In Only**.

SEATTLE TIMES/COUNTRY VILLAGE \$5.50

Hot off the press! You will see the Seattle Times from set up to print in this fun tour of their Bothell printing facility. Then it's off to lunch (on your own) and a little shopping at the quaint Country Village, full of unique one of a kind and hand crafted items. Jan 13 (Thurs) 9:00 am - 3:00 pm REG: Jan 3

TACOMA HISTORIC THEATER **TOUR \$6.50**

Does the ghost of Klondike Kate still haunt the Pantages theater? Tour both the Pantages and Rialto theaters and xperience the legacy of vaudeville years Free time in Tacoma before tours, lunch on your own.

REG: Jan 1 Jan 21 9:00 am - 4:30 pm

MA RAINEY'S BLACK BOTTOM **SEATTLE REP \$16.00**

Ma Rainey is late. While waiting for this blues diva to appear in a recording studio, her band takes advantage of the time to bicker, debate and tune up. See what happens in this wonderful work by playwright August Wilson which "hit Broadway like a thunderclap" when it opened in 1985. Lunch at a downtown restaurant prior to play on your own.

Jan 29 11:00 am - 4:00 pm REG. Jan. 17

FABULOUS FAIRHAVEN

\$8.00

Let's explore! This historic Bellingham community has lot's of personality and pizazz! It's filled to overflowing with artists, restaurants, and fun and unique shops. We'll do lunch (on your own), shop and snoop around this one-of-a-kind town. Feb 11 10:00 am -6:00 pm REG. Jan 31

MAKING GLASS ART

\$5.00

Bring your artisitc self to this unique glass making opportunity! Tour a working glass studio and make your own glass float or ornament to take home. Studio tour, materials and instruction cost, on your own (\$22.00) Lunch on your own.

Feb 18 10:00 am-5:00 pm *REG: Feb. f*^t

PORT OF SEATTLE

Ranked as one of the best trips ever, let's see what's going on at Seattle's waterfront. Ships come and go, longshoreman load and unload, lots to see and learn!

Lunch on your own at a waterfront restaurant. Feb 25 10:00-3:00 pm REG. Feb 14

CHEAP THRILLS

Mar 11

\$4.50

Find hidden bargains, thrifty delights and money saving techniques on this tour of places that will pinch those pennies. Find clothes, food and entertainment for next to nothing! Lunch (a bargain of course) on your own. 10:00 am - 4:00 pm REG: Feb 21 Mar 4

DAY OF THE DOGS \$7.50

Ever wonder about the therapeutic power of pets? Come take a look at the Prison Pet Partnership Program at Purdy's maximum security women's prison. Get a first hand look at how interacting with a dog or cat can change your life. Lunch on your own, free time in Gig Harbor before. Social Security number, ID and background check required. Maximum on trip is 18. 9:00 am - 5:00 pm REG: Jan 31 *

Community Centers

Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge	684-7423
Garfield	684-4788
Green Lake	684-0780
Hiawatha	684-7441
High Point	684-7422
Jefferson	684-7481
Laurelhurst	684-7529
Loyal Heights	684-4052
Magnolia	386-4235
Meadowbrook	684-7522
Miller	684-4753
Montlake	684-4736
Queen Anne	386-4240
Rainier	386-1919
Rainier Beach	386-1925
Ravenna Eckstein	684-7534
South Park	684-7451
Southwest	684-7438
Van Asselt	386-1921
Yesler	386-1245
	550 1×10

Swimming Pools

0	
Ballard Aquatics Center	684-4094
Evans Pool	684-4961
Medgar Evers Pool	684-4766
"Pop" Mounger Pool	684-4708
(summer only)	
Queen Anne Aquatics Center 386-4282	

Special Interests

Aquarium	386-4320
Woodland Park Zoo	684-4800
Green Lake Small	684-4074
Crafts Center	
Mt. Baker Rowing & Sailing	g386-1913
Seattle Tennis Center	684-4764
Langston Hughes	684-4757
Performing Arts Center	
Daybreak StarIndian Cultural	285-4425
Discovery Park	386-4236
Japanese Garden	684-4725
Kubota Garden	684-4584
Camp Long	684-7434
P-Patch	684-0264

Recreation Information

684-4075
684-4837
684-8021
684-4077
233-0055
684-7094
684-7092
684-7082
684-4950
233-2626
684-4075
684-7095

Community Services

Chamber of Commerce	284-5836
Magnolia Community Club	283-1188
Magnolia Helpline	284 -5 63 1
Magnolia Library	386-4226

School Information

Catharine Blaine School	252-1920
Lawton Elementary	252-2130
Fatima Grade School	283-7031
McClure Middle School	252-1900

Senior Adult Information

Magnolia Bridge Club (Jan)	282-3162
Senior Programs	684-4240

Teen Programs

Teen Time at Magnolia	386-4235
Teen Life Center	684-4550

Sports Information

Magnolia Soccer Club	835-5514
Magnolia Baseball	282-2478
Ballard Jr. Football	784-9287

Magnolia Community Center 2550 34th Ave W Seattle, WA 98199 206-386-4235 206-386-4230 fax



Mail In Registration

Participant Information

Name:	Birthdate:			Birthdate:	
Address:	City:	Zip	Zip:		
Phone:	_				
Registration Infor	<u>mation</u>				
Class Title	Day(s)	Time	Fee		
Payee Information	<u>1</u>	To	tal		
Name:	Phone:_				
Address:	City:	Zip	:		
Payment methodCheck Enclosed - PleasCredit Card Payment V Card # I hereby give my consent for to above being conducted or co-	VisaMastercard the above named partic	dAmex Exp. Date cipant to participate in	(please check one) n the program(s) listed		
declare that I will not hold the Department's employees, Adv responsible for injuries, dam The undersigned and above n program(s) and hereby agree and/or other personnel in cha	e City of Seattle, Seattl visory Council, or any age or personal loss in amed are aware that s to comply with such r	e Department of Park volunteer associated v curred with participa afety regulations are a	s and Recreation, the with the program ting in said program(s). applicable to the above		
Signature(Participant, Paren	t or Guardian)		Date		
Printed Name	Rela	tionship			